



LINDUM SQUASH CLUB CHANGING ROOM GUIDANCE

Introduction

This guidance is for staff, club members, schools and other users of **Lindum Squash Club** changing facilities. It is designed to meet the specific requirements of the **Lindum Squash Club**. It aims to clarify supervision and other issues relating to Junior members and Schools sharing changing rooms with adult members. It also addresses the concerns raised by adult members who feel uncomfortable sharing changing rooms with children.

Lindum Squash Club Changing Facilities

The **Lindum Squash Club** has separate male and female changing rooms.

The male changing room consists of: The Area entered from the Squash Courts marked consisting of two changing areas, four showers and two toilet cubicles.

The female changing room consists of: The Area entered from the Squash Courts marked consisting of changing area, two showers and two toilet cubicles.

School and Junior Sessions

The regular use of **Lindum Squash Club** facilities by local Schools (in particular **Lincoln Minster School**) and for Junior coaching and tournaments is promoted and valued by the **Lindum Squash Club**. The inclusion and development of young players is vital for the future of the **Lindum Squash Club**.

Protecting the young and the vulnerable from harm and ensuring that adults are not put in uncomfortable positions is an over-riding priority.

All members are required to note the following points and abide by the procedures laid out:

- A list of the times when School and Junior coaching sessions are taking place will be displayed on the Ebooking Online system.
- Junior players are encouraged to change quickly and not loiter or socialise in the changing areas to minimise the time they are there.
- Adult members should be discreet and not loiter or socialise in the changing rooms when Juniors are present.
- Any concerns (however trivial) of a safeguarding nature should be reported immediately and without delay to the **Lindum Squash Club** Welfare Officer
- It is not appropriate for teachers or coaches to use the changing facilities at the same time as the Juniors in their session.
- It is not appropriate for photographs to be taken of children either by adults or other children in changing areas.
- Parents are responsible for deciding when it is safe and appropriate for their children to be left unsupervised in changing areas. Generally children under the age of 8 should always be supervised, although factors such as the child's maturity, capability or level of disability should be taken into consideration.



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- If children are uncomfortable about changing in the space provided by the **Lindum Squash Club** or they are too young to change themselves, they should be encouraged to change before they arrive or be supervised by their parents.
- Children should use gender specific changing rooms unless they are transgender or transitioning. In this case, sensitive discussions and arrangements should be made on an individual basis with the Welfare Officer to agree how this will be managed.
- **Lindum Squash Club** is committed to addressing safeguarding issues. It is important that **Lindum Squash Club** works in collaboration with parents, members, staff and volunteers. As stated, all concerns (however trivial) should be reported immediately and without delay to the **Lindum Squash Club** Welfare Officer or Chair. The **Lindum Squash Club** is committed to addressing all such concerns promptly and thoroughly.
- In short **Lindum Squash Club** will work in collaboration with parents, members, staff, and volunteers to ensure that the environment is safe and secure.